Sunrise Bagels & More
Blueberry Bagel

48 count to a Case – Unsliced – Traditional Shape
Item #20100

FEATURES:

- **Fully Baked Product**
- **Traditional Shape**
- **No Eggs, Oils or Preservatives**
- **Only Natural Fats**

BENEFITS:

- **Ready to Warm and Serve**
- **100% Usable Product**
- **Sliceable for Sandwiches**
- **Steamed, not boiled, for water purity**

INGREDIENTS:
Hi-gluten wheat flour (unbleached, enriched, enzyme ascorbic acid), malt, salt, brown sugar (sugar, inert sugar, cane molasses), cane sugar, yeast, date based (blueberry) and corn meal.

ESTABLISHMENT:
PHYSICAL PARAMETERS:

Code Number:	20100
14-digit UPC#:	855593000820100
Product Weight:	4.2 oz. avg.
Units per Case:	48
Case Net Weight:	15.8 lbs.
Case Tare:	0.86 lbs
Case Dimensions:	L = 18.3 in.; W = 10.4 in.; H = 10.6 in.
Case Cube:	1.167 ft^3
Tie/High:	9 x 6
Shelf Life:	4 days Fresh, 182 days Frozen, 9 days Refrigerated.

HANDLING INSTRUCTIONS:
Product has been frozen at a point in the process to preserve all natural freshness. Maintain frozen product under 32°F to maximize shelf life. To prepare, place in proofer for 10 minutes, or on a pan in a cooler (covered) overnight.

Nutrition Facts

Serving Size (107g)
Servings Per Container

Amount Per Serving

Calories 250	Calories from Fat 10
	% Daily Value*
Total Fat 1g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 360mg	**15%**
Total Carbohydrate 52g	**17%**
Dietary Fiber 2g	**8%**
Sugars 5g	
Protein 9g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 70%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Kindred Bread
808 Harney St. ◦ Vancouver, WA 98660
Sales: (360)567-0567 ◦ Fax: (360)750-4494

Corporate: Phone: (360)241-8907 ◦ Fax: (360)750-4494